

# **SAILING INSTRUCTIONS**

## **22<sup>nd</sup> BALLAST HEAD CUP REGATTA – 1<sup>st</sup> JANUARY 2024**

### **Rules**

This race will be governed by the rules as defined by the Racing Rules of Sailing (RRS) 2021 – 2024. Prescriptions and Safety Regulations of Australian Sailing (AS) shall apply. The South Australian Recreational Boating Regulations (DTEI) and the International Regulations for Prevention of Collisions at Sea. 1972 (COLREGS) shall apply.

Nothing in these Sailing Instructions or Notice of Race relieves a boat of her responsibility under civil law to comply with the International Regulations for Preventing Collisions at sea or local conditions.

### **Intention to Race**

All competitors shall indicate their intention to Race by hailing or radioing the Committee Boat on VHF 77 or by hail at least 30 minutes prior to that boat's Start. Competitors failing to report may be recorded as non-starters.

### **Crew**

Skippers are encouraged to take on guests and onlookers as crew.

Skippers and/or Sailing Masters shall hold membership with a recognised Yacht Club and therefore hold Australian Sailing membership. Participants as crew in competing vessels will be afforded casual membership on the day through the entry process at the pre-race briefing.

Crew List form compulsory requirement to be lodged at registration prior to race briefing at 1100hrs.

### **Spinnakers**

Spinnakers shall not be set but headsails may be poled out.

### **Course**

The course shall consist of 2 (two) laps of the following course:

Start –

To Mark Boat or inflatable approximately 250-300m beyond Rocky (**P**) –

To American River Beacon or inflatable in the vicinity depending upon depth of water(**P**) –

To Mark Boat approx. SSE of American River Beacon or inflatable approx. 100m off-shore (known as Shepherd's mooring) (**P**) –

To Start/Finish Line. See accompanying diagram.

At the end of the first lap, boats shall sail through the gate formed by the Committee Boat and a pin-end marker and repeat the first lap.

**CAUTION:** Water adjacent to American River Beacon may be shallow on occasions. If this occurs, an inflatable shall be set in deeper water nearby and **all boats** shall round the inflatable (**P**).

**CAUTION:** Sailing shoreward of the weed line running parallel to the beach is not recommended.

## **Start**

The Warning Signal for the **Ballast Fleet** shall be at 1255hrs and for the **Rocky Fleet** at 1325hrs.

The Start Line shall be an imaginary line between a mast on the Committee Boat and a pin-end mark at a distance of approximately 50m-75m. A spectator boat may be anchored in the vicinity of the pin-end marker but shall not rank as a Mark of the Course.

- ❖ 5 minute Warning Signals at 1255hrs (**Ballast**) and 1325hrs (**Rocky**), the Committee Boat shall display N, Y and D flags (New Year's Day) and a sound signal may be made.
- ❖ 4 minute Preparatory, N flag lowered and a sound signal may be made.
- ❖ 1 minute before the Start, Y flag lowered and a sound signal may be made.
- ❖ Start, D flag lowered and a sound signal may be made.

**Boats are strongly advised to Start on the lowering of the D flag** and not the sound signal.

**Rocky Fleet** starters shall keep clear of the Starting Area until **Ballast Fleet** starters have started.

## **Individual Recall**

Should any **identifiable** boats be on the Course Side of the Start Line prior to the Start Signal, the Committee Boat shall display the N flag and may make one sound signal. Premature starters may be advised by radio or by hail. Premature Starters shall have the option of returning through the Start Line (round-the-ends is not required) and re-starting or to continue Racing and accept a 5% penalty on elapsed time.

## **General Recall**

Should any **unidentifiable** boats be on the Course Side of the Start Line prior to the Start Signal, the Committee Boat shall display the Y flag and two sound signals may be made. The original Start signal shall be a 10 minute preliminary signal for the new Start. At 5 minutes to the new Start, flags N, Y and D shall be displayed as for the original Start. The **Rocky Fleet** shall Start no less than thirty minutes after any **Ballast Fleet** re-Start(s)

## **Finish**

The Finish Line shall be an imaginary line between a mast on the Committee Boat and a pin-end marker lying at a distance of approximately 50m–75m.

## **Shorten Course**

Should the Course need to be Shortened, the Committee Boat shall display a D flag and may make two Sound Signals. The Course may be Shortened at a Mark of the Course in which case boats shall Finish between that Mark and the Committee Boat or it may be Shortened at some other point on the Course in which case, boats shall Finish as near as safety will allow past the Committee Boat's bow.

### **Time Limit**

The Time Limit shall be two hours from the **Rocky Fleet** Start. Should the leading boat of the **Rocky Fleet** not Finish within the two-hour Time Limit of its Start Time, the Race shall be Abandoned. If it does Finish within two hours of its Start Time, all boats of both fleets have a further one hour of that boat's Finish Time to Finish. In the event of there being insufficient breeze to score any Finishers, the Race Officer may order boats to motor for a period of time, the length of which is up to the Race Officer's discretion.

### **Retirement**

Boats which Retire shall advise the Committee Boat by radio or by hail.

### **Protests**

Because of the "picnic" nature of the Ballast Head Cup Regatta, boats participate on the clear understanding that there shall be no formal Protests, but that they should none-the-less sail strictly in accordance with the Rules of Sailing. Should a boat cause interference to a Right-of-Way boat, that boat should voluntarily take, or be radioed, or hailed to take a 720 penalty turn.

Should a boat not round a Mark of the Course as described in the Sailing Instructions or at the briefing, it should voluntarily, or be radioed, or hailed to re-round that Mark correctly.

Should a boat make contact with a Mark of the Course, it should keep clear of other boats and voluntarily or be radioed or hailed to round that Mark correctly and take a 360 penalty turn.

Skipper are urged to resolve any Rule or Course infringements out on the water immediately.

### **Disclaimer of Liability**

Warning: Sailing and activities associated with it involve risks of personal injury, loss, damage and even death. The risks include, but are not limited to, the risk of injury from collision, capsizing, falling overboard, being trapped under a sail or boat after capsize and impact with equipment. The risks involved in this activity are increased by, adverse weather conditions, inadequate training, fatigue, inexperience, failure to maintain the boat, failure to supply and use the recommended safety equipment and failure to observe the RRS, Australian Sailing Prescriptions and the Sailing Instructions.

The Organising Authority relies upon the provisions and limitations of the South Australian Civil Liability Act 1936 and notifies all race participants who engage in recreational activity that they do so at their own risk. See RRS 3, Decision to Race, **"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"**.

Having given this risk warning, the Organising Authority will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after racing.

## Course Diagram

