

YOU CAN SAVE A LIFE

Sudden Cardiac Arrest knows no boundaries

In Australia, approximately 30,000 people sustain cardiac arrest outside of hospital and are treated by emergency medical services each year.

- ▶ An average of only 9% of its victims in Australia survive.
- ▶ It can happen anytime, anywhere, to anyone — even young athletes.
- ▶ Early defibrillation is the single most effective treatment for Sudden Cardiac Arrest (SCA).
- ▶ Defibrillation within three minutes of collapse can increase the chance of survival to over 70%.

Heart Safe Communities

Creating safer places to work, live and play.

Mindray aims to create more Heart Safe environments across Australia by placing defibrillators in educational establishments, workplaces, sports and leisure clubs, public and community environments — allowing you to simply, safely and effectively help save a life.



No matter where or when SCA strikes, early use of a defibrillator can help **save lives.**

Be Ready

Sadly, on average, only 9% of people who suffer SCA outside the hospital survive. But survival rates of over 70% have been achieved where an automated external defibrillator (AED) programme have been successfully implemented.

AEDs are designed to help people with minimal training use them safely in tense, emergency situations. They have numerous built-in safeguards and are designed to deliver a shock only if the AED detects one is necessary.

Be Willing

Anyone with minimal training can use an AED to help save a life. Quick action by the first person on the scene can truly make a difference.

Calling 000 in the event of SCA is critical, as is performing CPR on the victim. But the chances of survival from SCA fall by 10% every minute and the single most effective treatment is early defibrillation — providing a shock to the heart within the first three to five minutes.

Be Able

Costing as little as a personal computer, an AED is easy to use and maintain. Having AEDs readily available in your leisure or sports club makes sense, and can be the difference between life and death for a victim of SCA.

Remember, time to defibrillation, the most critical factor in SCA survival, can be reduced if an AED is close by and can be brought to the victim quickly. Every minute that passes before defibrillation reduces survival rates by 10%.

Regulator Marine First Aid Kit

The Scale G Marine kit complies with the Australian National Standard for Commercial Vessels requirements for the indicated Class of vessel.

Note: Scheduled medicines and specialised equipment are not provided but are required. A list can be provided upon request.

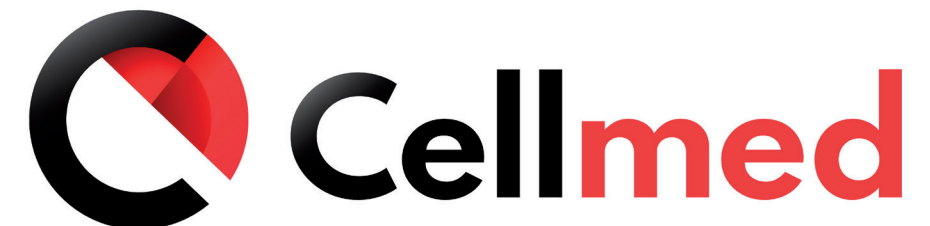
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