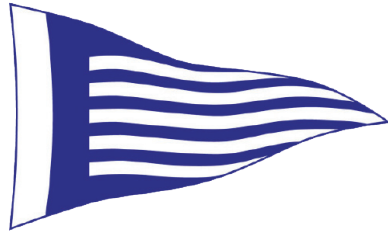


Youth Sailing Foundation



CRUISING YACHT CLUB OF SA



AUSTRALIAN SAILING CLUBS CONFERENCE | JUNE 2021

## CYCSA launches Youth Sailing Foundation

### Cruising Yacht Club of South Australia set to welcome a new wave of sailors -

The Cruising Yacht Club of South Australia (CYCSA) is thrilled to announce the creation of its Youth Sailing Foundation - a unique opportunity for the South Australian sailing community.

### OUR GOAL

The Cruising Yacht Club of South Australia is embarking on a journey to introduce the next generation to the sport of sailing and to foster and develop their progression into sailing champions of the future.

### OUR MISSION

The Cruising Yacht Club of South Australia is committed to investing in the future of our sport and the youth of South Australia. Our mission is to provide a pathway to introduce sailing, to develop personal and team skills and provide the competitive drive to propel our sailors towards national goals and the prospect of future professional sailing or marine industry livelihoods.

### OUR PLAN

In developing this initiative, our Club investigated and decided upon the purchase of a fleet of six Elliot 7s medium size one design training keelboats.

We will endeavour to ensure that our sailors will be able to learn, train and race on a level playing field with boats of similar size and performance as those used across Australia. Our ambition is to send our youth teams to compete at national and international levels.

Our plan is to use the boats across a range of sailing and training activities including:

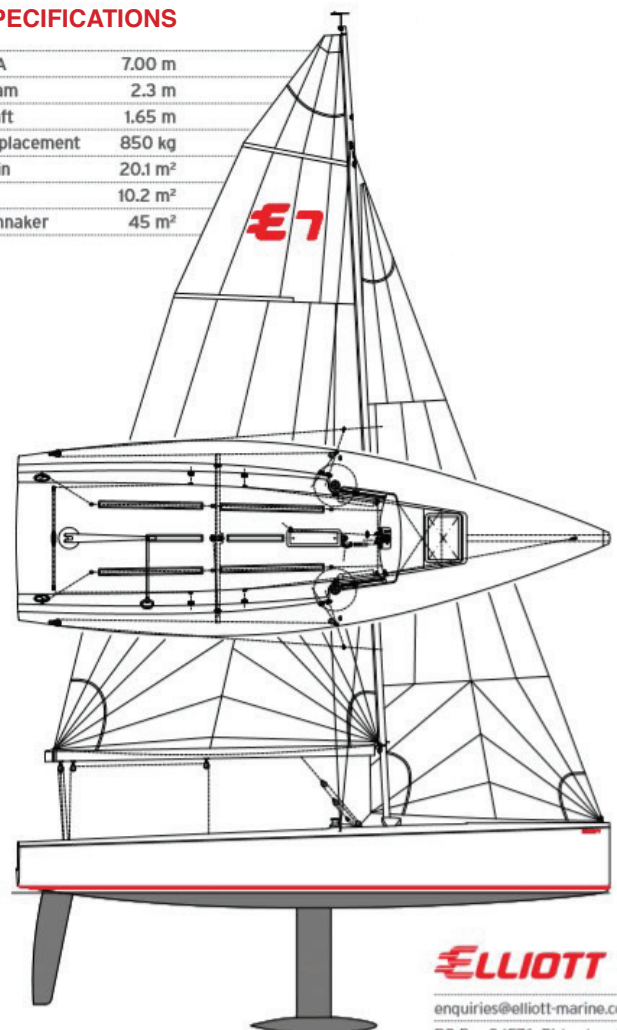
- The Australian Sailing keelboat program
- Match racing series, including reintroducing the Fred Neill Trophy for Interclub sailing
- Introduce youth from all socio-economic backgrounds to the sport of sailing
- Interschool Teams racing
- Interschools Match Racing Championship
- Pathways for dinghy sailors into the sport of keelboat racing
- Pathways to the sport of ocean racing

With programs commencing in Spring / Summer 2021, the CYCSA's Youth Sailing Foundation will introduce the next generation to the sport of sailing, develop their skills, and foster their progression into sailing champions of the future. Participants will also develop critical life skills such as planning, strategy and resilience - for the benefit of themselves, their team, and the broader community.

The Youth Sailing Foundation boasts a fleet of six medium size one design training Elliott 7 keelboats. The initiative involves robust junior, general training and corporate elements, enabling the Head Coach and Instructor team to foster continuous development of both participants and the program.

### SPECIFICATIONS

LOA	7.00 m
Beam	2.3 m
Draft	1.65 m
Displacement	850 kg
Main	20.1 m <sup>2</sup>
Jib	10.2 m <sup>2</sup>
Gennaker	45 m <sup>2</sup>



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## Break down of Australian Sailing Keelboat program

### START CREWING

A Keelboat Start Crewing course is the perfect start to becoming a skilled keelboat sailor. Start Crewing covers the basic safety, theory and practical skills involved in being a crew member on a small keelboat.

### START HELMING

A Keelboat Start Helming course is an introduction to helming (steering) a small keelboat. Start Helming covers the basic safety, theory and practical skills involved in helming a small keelboat.

### SYMMETRIC SPINNAKERS

Our Symmetric Spinnaker course is designed to introduce you to the use and trimming of Symmetric Spinnakers on Keelboats.

### ASYMMETRIC SPINNAKERS

Our Symmetric Spinnaker course is designed to introduce you to the use and trimming of Asymmetric Spinnakers on Keelboats.

### START RACING

This course teaches the basic racing rules and manoeuvres and gain an understanding of what is expected of a racing crew on a small boat.

## Proposed Youth Sailing Foundation Pathways



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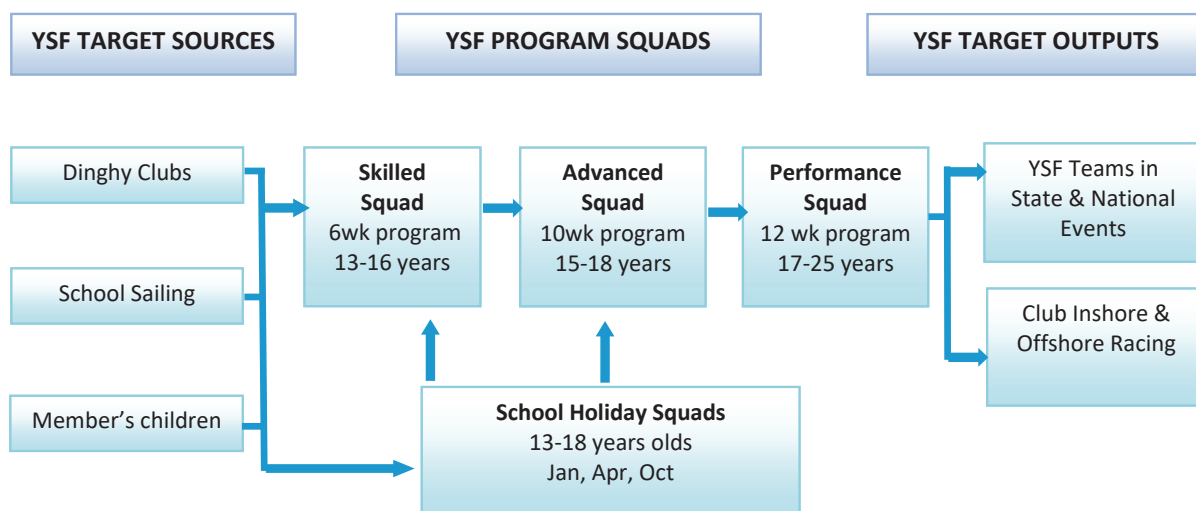






photo credit Andrea Francolini

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